

ISHASHA COMMUNITY UPLIFT GROUP  
Presents

*Deo's Model Homestead Tour*  
And  
*Agartha's Taste of Uganda Tour*

Deo's Tour around his farm and homestead is not only fun but also educational and perfect for the inquisitive visitor who wonders how a rural Ugandan lives. Seeing their efforts to pull themselves out of poverty is fascinating and enlightening.

Agartha's Taste of Uganda Tour allows you to see how the local millet crops are transformed into local porridge and bread. With active participation you can see how much effort it is to prepare this staple diet but worth it once you taste it for sure!



## *Deo's Model Homestead Tour*

Deo and his family live on the edge of Queen Elizabeth National Park near the Ishasha Sector. He is not only a craftsman, a herbalist and a subsistence organic farmer he is also the Chairman of the local community group. He would like to share with you the challenges he faces living on the edge of the Park and the solutions he is trying, especially with respect to the wild animals coming to devour his crops.

You are invited to see inside his grass-thatched guarding hut whilst he describes the methods used to deter bushpigs, baboon and elephants. Deo demonstrates how to maintain the elephant trench and encourages you to walk the length of his land inside it. He shares with you some of the organic farming methods he uses to help maximise his yields. As Deo has been trained in Medicinal Plant Use you will be shown some of the key plants and encourage you to sample a few of the healing products.

Deo is a role model to his neighbours. He has endeavoured to implement the entire home hygiene and home improvements methods taught by the Wild Frontiers Community Uplift Team – and to a high standard.

## *Agartha's Taste of Uganda Tour*

Agartha is a strong member of the local community group and tirelessly works to improve not only her family's wellbeing but also her neighbours'.

Agartha takes great pride in sharing with you how the women of her tribe, the Bakiga, prepare their favourite food. Not only do you hear how the ingredients are grown and harvested but you can witness how to shift, grind, cook, and most importantly, keep the much loved food warm for their husbands.

During the tour Agartha weaves in stories of what it's like to be a Bakiga wife whilst encouraging you to taste what you have may have helped prepare together. She then sends you off on your journey with a packed traditional snack.

## *Timings*

You can participate in the tours any time throughout the day by prior arrangement. Deo's Tour takes about an hour whereas Agartha's is between 30 and 45 minutes. Both tours can be customised according to the time you have available so please inform Deo and Agartha of the length of time you would like each tour to take when you arrive.

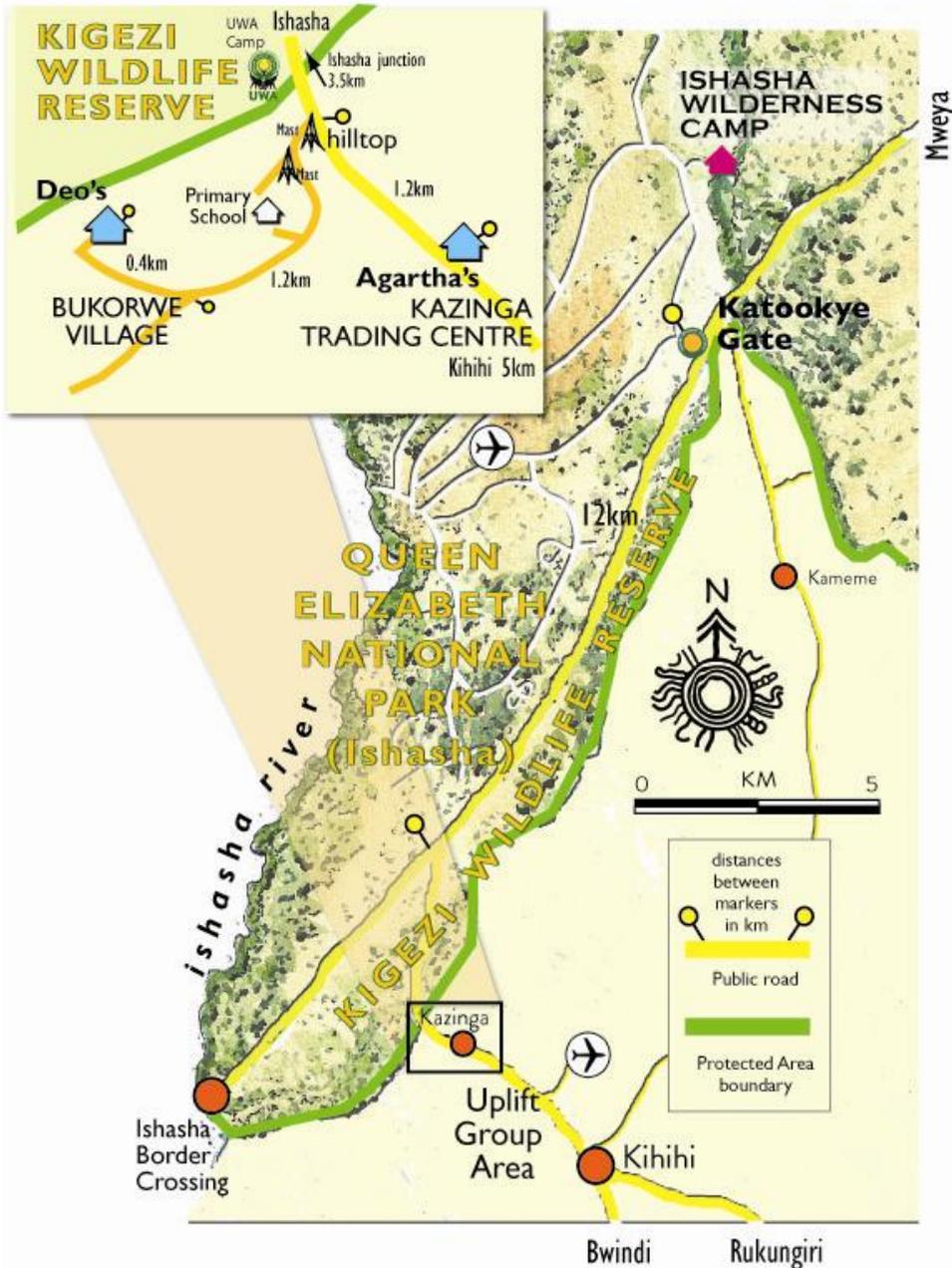
We recommend you visit both homesteads to enable you to compare local living in the Trading Centre with life on the edge of the National Park. There are crafts made by the local Community Group for purchase on site.

As the weather conditions can be variable we suggest you come prepared with sun hat / sun screen, rain coat in case of a sudden shower and sturdy shoes or boots as you will be walking around a rural farming area and puddles and mud may be included!

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## Deo's Model Homestead Tour & Agartha's Taste of Uganda Tour



### Visitor Costs

15.00USD per person for both tours whether you participate in one or both. Payments can be made in advance through Wild Frontiers or at either tour site - Please ensure a receipt is provided on site when you pay.

### What does your money do?

A portion of the funds generated from the tourism goes to the host family, some to ICUG to cover local projects, and the remainder into a recently established a Savings and Credit Scheme (SACS). As providing handouts is rarely a long term solution, capital raised within the community to begin viable businesses to free themselves of poverty is being piloted. Within the SACS each member is encouraged to save a small amount of money on a regular basis. Once money has been deposited by the members cash loans are given to those who apply and are in the position to pay them back. A nominal interest rate is charged for the loan which provides funds for further lending. The core members have been taught bookkeeping skills to keep this initiative transparent.

Anyone from the community can become a member and it is hoped that the SACS will help provide the much needed capital for the members to begin viable businesses. Some money is also set aside for emergencies deemed relevant amongst the members. However, the money generated within the group is currently small and therefore substantial capital to set up businesses is limited. So, once the costs have been covered the funds generated through the tours are channelled into the SACS so all community members have the chance to benefit.

One of the projects currently being supported is to help lay pipes to the area to provide clean water from nearby taps as opposed to fetching it from the central village pump a distance away. Depending upon the success of this project, future plans may focus on further training programs to improve their business skills.

If you have a further interest helping this Community Tourism Group then please advise your guide who will assist you to contact the right person at Wild Frontiers Head Office in Entebbe as we prefer to not have direct payments of donations on site.

### Booking procedure

Visiting the Homestead must be pre-arranged by booking at least 2 days in advance as Deo and Agartha are working peasants. Reservations can be made through [reservations@ugandaexclusivecamps.com](mailto:reservations@ugandaexclusivecamps.com), your tour agent/operator or if already in country call one of the numbers below.

### Telephone contacts:

Wild Frontiers - Judy - 0772 721 155 Or directly to Agartha - 0777 216 853 or Deo 0781 201 368 Please ensure the agreed date and time is repeated back to you to avoid misunderstandings.

### Website:

[www.ugandaexclusivecamps.com/ishashacommunityupliftgroup.html](http://www.ugandaexclusivecamps.com/ishashacommunityupliftgroup.html)